



Poem

by Andrea Balt,

Contemporary writer, creative troublemaker, communication warrior, life alchemist,
founder Rebelle Society.

Your weirdness will make you stronger.
Your dark side will keep you whole.
Your vulnerability will connect you
to the rest of our suffering world.
Your creativity will set you free.
There's nothing wrong with you.

Balt also wrote *A Declaration of Sanity: I'm Not Crazy, I Just Feel Things Too Deeply*.

Our Deepest Fear

by Marianne Williamson from

A Return to Love: Reflections on the Principles of A Course in Miracles
(See note below about Nelson Mandela)

“Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us. We ask ourselves, Who am I to be brilliant, gorgeous, talented, fabulous? Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.”

Note: This quote is often found on the Internet incorrectly credited to Nelson Mandela from his Inauguration Speech, 1994, especially the last sentence of that quote, “As we are liberated from our own fear, our presence automatically liberates others.”